

# **NANAIMO SHOTOKAN KARATE-DO ASSOCIATION**

## **Participation Agreement**

*Application - All athletes, coaches, members, volunteers, participants, and family members of participants while in attendance at club activities ("Participants").*

All participants of Nanaimo Shotokan Karate-do Association agree to abide by the following points when participating in club activities under the COVID-19 Response plan:

- I agree to use the COVID-19 [self-assessment questionnaire](#) before coming to a training session, and will let NSKA know if I have experienced any of the symptoms in the last 14 days.
- I agree to stay home if feeling sick, and remain home for 14 days if experiencing COVID-19 symptoms.
- I agree to follow physical distancing protocols of staying at least 3m away from others when training, and 2m away from others before and after class.
- I understand that the physical distancing protocols apply even if I live in the same household or share the same "bubble" as another participant.
- I agree not to share any equipment during training sessions (i.e. water bottles).
- I agree to not attend training for 14 days upon return from travelling outside the province of BC.
- I agree to abide by all NSKA COVID-19 policies.
- I understand that if I do not abide by the aforementioned policies, that I may be asked to leave the club for up to 14 days to help protect myself and others around me.
- I acknowledge that continued abuse of the policies may result in suspension of my club membership temporarily.
- I acknowledge that there are risks associated with entering club facilities and/or participating in club activities, and that measures taken by NSKA and its participants, including those set out above and under the COVID-19 response plan and Return to Sport Protocols, will not entirely eliminate those risks.

Date:

Name:

Signature:

Signature of Parent/Guardian (if under 18):